

Five steps to a healthy home

Many Europeans feel their health is below par. A healthy home can prevent everyday illness and boost health and home satisfaction. However, looking at the state of European homes, there is room for improvement.

77%

of Europeans do not have optimal sleeping conditions in their home



Step 1

Ensure good sleeping conditions

15%

of European homes are too cold in winter, 30% too warm in summer



Step 2

Keep comfortable temperatures

17%

of Europeans cannot easily air out their home



Step 3

Let in fresh air

20%

of European homes are too dependent on artificial light



Step 4

Let in daylight

32%

of European homes suffer from condensation on window panes



Step 5

Avoid humidity

VELUX®