

August 2015

The 6th VELUX Daylight Symposium is ready to kick off

How can we enhance our health and well-being with daylight? This is one of the questions, which will be discussed at the 6th VELUX Daylight Symposium which is just around the corner. More than 300 researchers and practitioners is ready to convene the expert forum, eager to share new knowledge and examples of how daylight can drive change.

This year's Daylight Symposium will focus on the challenges faced by today's 24/7 society where more than 90% of our daily routines are taking place indoors.

Leading researchers and practitioners will address pertinent questions such as: How can we ensure that our modern lifestyle is in balance with nature's daily and seasonal cycles? How can spaces and occupants adapt to changing daily and seasonal conditions? How can architecture and daylight interact to stimulate our senses? How can we rethink our homes, workplaces and public spaces into healthier and more sustainable living environments?

Buildings should provide health and happiness

One of the key themes that will be discussed at the Symposium is how architecture can stimulate health, comfort and happiness, adapting to changing daily and seasonal conditions and interacting with our senses and biological rhythms.

Key speakers such as artist Olafur Eliasson, David Nelson from Foster + Partners and Paul Bogard from James Madison University will address these issues from a wide range of different perspectives and applications – from schools and hospitals to offices, homes and entire urban environments.

"The 6th VELUX Daylight Symposium is part of the official programme of the UN International Year of Light, where the programs will promote improved public and political understanding of the central role of light in the modern world. As a company with the aim of bringing daylight into people's lives, we see it as our call to activate daylight-related know-how and practices from across the world," says Per Arnold Andersen, Head of the VELUX Groups' Knowledge Centre for Daylight, Energy and Indoor Climate.

"We want to bridge leading-edge research and building practices to come up with new approaches that can lead to healthier buildings," continues Per Arnold Andersen.

Putting research into practice

The Symposium aims to bring forward a number of research perspectives and tools on human-responsive design that can inspire the rethinking of homes, workplaces and public buildings. Regulation and building codes, however, play an essential role when it comes to putting daylighting research into large-scale practice.

The Daylight Symposium questions whether the current regulation and codes are sufficient to secure adequate daylighting and how new metrics and design criteria may help the building community move forward.

"A lot of work has been done in recent decades on the subject of daylight metrics. Nevertheless, it appears that, in practice, building professionals actually do not know what the affordable targets to match are," says Bernard Paule, Associate Director at the Estia Institute in Lausanne.

Facts about the Daylight Symposium 2015

The 6th VELUX Daylight Symposium takes place at Tobacco Dock in London, on 2-3 September 2015.

More than 30 researchers and scientists will present leading-edge knowhow at the Symposium. To see a full list of speakers, please go to the Symposium programme: www.thedaylightsite.com/symposium/2015-2/programme/

The 6th VELUX Daylight Symposium is part of the International Year of Light (IYL) programme. IYL was initiated by the UN General Assembly and shares the agenda to raise global awareness about how light promotes sustainable development and solutions to global challenges in energy, education and health. The VELUX Group is IYL sponsor.

About the VELUX Group

For more than 70 years, the VELUX Group has created better living environments for people around the world. Making the most of daylight and fresh air through the roof. Our product programme includes roof windows and modular skylights as well as a range of decoration and sun screenings, roller shutters, installation solutions and intelligent home controls. These products help to ensure a healthy and sustainable indoor climate. For work and learning. For play and pleasure. We work globally – with sales and manufacturing operations in more than 40 countries and around 10,000 employees worldwide. The VELUX Group is owned by VKR Holding A/S, a limited company wholly owned by foundations and family. For more information, visit www.velux.com.

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